



# THE 39th GREAT NOSH FOOTRACE

Bib #: \_\_\_\_\_

## Enter on Day Registration Form

10am Sunday 2nd June 2013

A 16km trail run/walk from Lindfield Oval to Seaforth Oval

All  
Entries  
**\$35**

### Competitor Details

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Sex (circle) : Male / Female

Age on day of the event: \_\_\_\_\_ Race Category (circle): Run / Walk

Emergency Contact (Name and Number): \_\_\_\_\_

### Declaration

In consideration of the acceptance of my entry, myself, my executors, and assignees, release and forever discharge the organisers and their respective officers, agents, representatives and successors and or assignees and supporters from all claims of damages, demands, actions, whatsoever in any manner arising or growing out of my participation in this event. I attest that I have full knowledge of the risks involved in participating and that I have no physical or mental condition which has the potential to put myself or any other person at risk and that I am physically fit and sufficiently trained to participate in this event. I have read and understood the rules and conditions for the event and agree to abide by them and to accept any decisions made under them. I hereby consent to receive any medical treatment that may be deemed advisable during or immediately after the event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Declaration to be signed by Parent or Gardian

If you are 17 years old or under, this declaration must be signed by your parent or guardian.

I certify that I am the parent or guardian of \_\_\_\_\_ who will be \_\_\_\_\_ years of age on the day of the event and that he / she has trained for and has my consent to participate in the event.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_



This event is organised by the Bennelong Northside Orienteers. Find us online for race results and info on future events.



[www.bennelongnorthside.com.au](http://www.bennelongnorthside.com.au)

This event is only possible with the support of Ku-ring-Gai Council, NSW National Parks & Wildlife Service, Manly Council, Big Foot Orienteers, Garingal Orienteers, Southern Highlands Occasional Orienteers, Uringa Orienteers and the Western and Hills Orienteers.

