

# NSW Long Distance Orienteering Championships 2012 (State League 13)

## Preliminary Information

**Date:** Sunday 9th September 2012

**Venue:** Gumble, west of Molong

**Map:** Gumble Pinnacles, 1:10,000 by Eric Andrews 2001, minor updates 2012

**Organiser:** Robert Spry, 0402 040210, for Bennelong Northside Orienteers

**Planner:** Rodney Parkin (BNO)

**Controller:** Ron Junghans (GO)

**Embargo:** The entire area of the 2001 Gumble Pinnacles map is embargoed until the event. Orienteers are forbidden from entering or training on the map. The entire map area is private property.

Course	Age classes	Approximate Length (km)
Hard 1	M21A	12.3
Hard 2	M-20A, M35A	9.8
Hard 3	M40A, W21A	8.7
Hard 4	M-18A, M45A	7.8
Hard 5	M50A, W-20A, W35A, W40A, M21AS	6.5
Hard 6	M-16A, M55A, W45A	5.9
Hard 7	M60A, M65A, W-18A, W50A, M35AS	5.2
Hard 8	M70A, W-16A, W55A, W60A, M45AS, W21AS	4.4
Hard 9	M75A, W65A, W70A, M55AS, W55AS, W35AS, W45AS	3.9
Moderate	M-14A, W-14A, MOpenB, WOpenB	3.7
Easy	M-12A, W-12A, M/WopenC	2.4
Very easy	M-10A, W-10A, M/W-10N	1.9

Age is as at 31/12/12.

### **Directions:**

From Sydney: travel to Orange and Molong. Continue NW on Mitchell Highway for 1.5 km, turn left (signposted to Cumnock and Peak Hill). Cross railway line, proceed 4 km and turn left (signposted to Manildra). After 5 km turn right (signposted to Gumble). Follow the sealed road for 4 km. Soon after the end of the seal, turn left into a rough forest road and follow for 2.5 km. This road is suitable for conventional cars but care is required for vehicles with low clearance.

Total distance 17 km from Molong, 60 km from Orange.

From south and west: travel via Cudal or Parkes to Manildra. Proceed 8km NE on the Molong Road, turn left and left again after 6 km. Follow the sealed road as above.

The Assembly area will be up to 900m walk from the car parking. If there is wet weather before the event, access and parking may need to be restricted.

**Accommodation:** There is very limited accommodation in Molong, however a full range of accommodation is available in Orange.

**SportIdent:** Sportident electronic timing will be used for all courses. SI sticks can be hired using the Entry form, at a cost of \$ 4.00.

**Entries:** On-line entry will be available from the Bennelong Northside Orienteers website, [www.bennelongnorthside.com.au](http://www.bennelongnorthside.com.au), from July 2012.

Pre-Entry fees:	Senior Member	\$30.00
	Junior Member (age 13 to 20)	\$20.00
	Sub-junior Member (under 13)	\$15.00

Fees include OA levies and the landowner access fee.

Only members of NSW affiliated orienteering Clubs or other State or international orienteering organisations can enter the NSW Long Championships. Non-members are welcome to do an Enter-on-day course, see below.

**Start Times:** From 9:30 am.

**Enter on Day Courses:** Medium, Easy and Very Easy enter-on-day courses will be available at a reduced prices for newcomers. At least one Hard course will also be available to enter on day at the pre-entry price. Enter-on-day starts will be available between 10:00 am and 11:00 am.

**Disclaimer:** "In entering this Orienteering event, I recognise that the sport of orienteering has certain inherent risks due to its conduct in the natural environment. Included in these risks are injury due to rough terrain and obstacles and the effects of heat, cold and exhaustion. I am also aware that there is no personal accident insurance on my participation in the sport and that I take part at my own risk.'